

ASHTON HOUSE 24 AUTUMN TERM LUNCH MENU

Child's Name: _____

Year: _____

Gluten Free Please return your choices to school by _____

	Week 1	Week 2	Week 3
Mon	<input type="radio"/> Lamb Spaghetti Bolognese with Garlic Bread <input type="radio"/> Pomodoro Spaghetti with Garlic Bread V <input type="radio"/> Cheese Sandwich V <input type="radio"/> Cheese and Tomato Waffle with Baked Beans V <u>Dessert: Assorted Yoghurt Pots</u>	<input type="radio"/> Pomodoro Chicken Pasta with Garlic Bread <input type="radio"/> Pomodoro Pasta with Garlic Bread V <input type="radio"/> Cheese Sandwich V <input type="radio"/> Cheese and Tomato Waffle with Baked Beans V <u>Dessert: Assorted Yoghurt Pots</u>	<input type="radio"/> Turkey Spaghetti Bolognese with Garlic Bread <input type="radio"/> Pomodoro Spaghetti with Garlic Bread V <input type="radio"/> Cheese Sandwich V <input type="radio"/> Cheese and Tomato Waffle with Baked Beans V <u>Dessert: Assorted Yoghurt Pots</u>
Tues	<input type="radio"/> Chicken Korma with Steamed Rice <input type="radio"/> Chickpea and Sweet Potato Curry with Steamed Rice V <input type="radio"/> Vegetable Pilau Rice with plain Yoghurt V <input type="radio"/> Creamy Butter Pasta with Garlic Bread V <u>Dessert: Banana and Custard</u>	<input type="radio"/> Turkey Curry with Steamed Rice <input type="radio"/> Kidney-beans and Pea Curry with Steamed Rice V <input type="radio"/> Vegetable Pilau Rice with Plain Yoghurt V <input type="radio"/> Creamy Butter Pasta with Garlic Bread V <u>Dessert: Banana and Custard</u>	<input type="radio"/> Lamb Korma with Steamed Rice <input type="radio"/> Vegetable Curry with Steamed Rice V <input type="radio"/> Vegetable Pilau Rice with Plain Yoghurt V <input type="radio"/> Creamy Butter Pasta with Garlic Bread V <u>Dessert: Banana and Custard</u>
Wed	<input type="radio"/> Pork Sausages with Mash and Gravy <input type="radio"/> Margherita Pizza V <input type="radio"/> Sweetcorn, Peas, Rice and Plain Yoghurt V <input type="radio"/> Cheese Quesadillas V <u>Dessert: Trifle</u>	<input type="radio"/> Roast Chicken with Crispy Potatoes and Gravy <input type="radio"/> Mac & Cheese with Garlic Bread V <input type="radio"/> Sweetcorn, Peas, Rice and Plain Yoghurt V <input type="radio"/> Cheese Quesadillas V <u>Dessert: Trifle</u>	<input type="radio"/> Chicken Fajita Wrap with Paprika Wedges <input type="radio"/> Chickpea and Sweet Potato Fajita Wrap with Paprika Wedges V <input type="radio"/> Sweetcorn, Peas, Rice and Plain Yoghurt V <input type="radio"/> Cheese Quesadillas V <u>Dessert: Trifle</u>
Thurs	<input type="radio"/> Sweet Chilli Chicken Noodles with Spring Rolls <input type="radio"/> Vegetable Stir-fry Noodles with Spring Rolls V <input type="radio"/> Jacket Potato with Cheese and Baked Beans V <input type="radio"/> Cheese and Tomato Finger Rolls V <u>Dessert: Jelly Pots</u>	<input type="radio"/> Lamb Puff-pies with Roast Potatoes <input type="radio"/> Vegetable Puff-pies with Roast Potatoes V <input type="radio"/> Jacket Potato with Cheese and Baked Beans V <input type="radio"/> Cheese and Tomato Finger Rolls V <u>Dessert: Jelly Pots</u>	<input type="radio"/> Chicken Pasta-bake with Garlic Bread <input type="radio"/> Vegetable Pasta-bake with Garlic Bread V <input type="radio"/> Jacket Potato with Cheese and Baked Beans V <input type="radio"/> Cheese and Tomato Finger Rolls V <u>Dessert: Jelly Pots</u>
Fri	<input type="radio"/> Fish-fingers and Chips <input type="radio"/> Veggie-fingers and Chips V <input type="radio"/> Jacket Potato with Cheese and Baked Beans V <input type="radio"/> Mexican Cheese and Tomato Wrap V <u>Dessert: Cake and Custard</u>	<input type="radio"/> Fish-fingers and Chips <input type="radio"/> Veggie-fingers and Chips V <input type="radio"/> Jacket Potato with Cheese and Baked Beans V <input type="radio"/> Mexican Cheese and Tomato Wrap V <u>Dessert: Cake and Custard</u>	<input type="radio"/> Fish-fingers and Chips <input type="radio"/> Veggie-fingers and Chips V <input type="radio"/> Jacket potato with Cheese and Baked Beans V <input type="radio"/> Mexican Cheese and Tomato Wrap V <u>Dessert: Cake and Custard</u>

Steamed Vegetables, buttered wholemeal bread, fresh salad and mixed fruit is available at every meal.

(Children who do not return a menu to school will be served the vegetarian option)

Packed Lunch Option (for outings): Chicken Sandwich Quorn Slice Sandwich Cheese Sandwich