



# Head Teacher's Message

Dear Parents,

Welcome to the Ashton House Spring Half Term Newsletter.

In school it is our aim to be Caring, Curious and Confident every day and each individual can demonstrate these qualities in their own way or as part of a group.

Every week a class is nominated to receive our cuddly Caring Cat, Curious Chimp and Confident Cheetah mascots. These sit proudly in the classroom during the week as a reminder of how this goal has been achieved and as an incentive to continue.

We also have 'Who I Am Makes a Difference' ribbons awarded to individual children in our Celebration Assembly who have been noticed making a difference in someone's day. Ways to make a difference that we promote are: listening to others, smiling, helping without expecting anything in return, sharing knowledge, supporting others and saying 'good morning' or 'good afternoon' as well as please and thank you. Being polite, kind and respectful are our watchwords and we love celebrating good news about behaviour.

2024 has started with three very different and enjoyable class assemblies from Years 5, 3 & 4. These short productions give a flavour of the learning experiences the children are having. The rest of the school have also learned more about the power of Reading, Rocks! and Recycling – Going Green, by watching their peers perform. This new twist on the three Rs has been enjoyed by parents and family members. Look out for the invitation to your child's class assembly if you haven't had one yet. The dates are also on the Parent Portal.

This week has been busy with Mental Health Week and Safer Internet Week. Across the school there will be age appropriate activities to focus on these vital and connected topics. We shall be using material from the Safer Internet Day site [www.saferinternet.org.uk](http://www.saferinternet.org.uk) which you might like to look at as well as having a Yoga Day sponsored by the PTA – Thank you.

Best wishes for a lovely half term,

Angela Stewart

## Dates

- ◆ Monday 19th February Year 4 Trip Natural History Museum
  - ◆ Thursday 22nd Feb Year 6 Trip Bletchley Park
  - ◆ Tuesday 27th February Year 5/6 Growing Up Talk
  - ◆ Wednesday 28th Feb Years 3-6 Swimming Gala
  - ◆ Thursday 29th February Year 1 Trip to Bocketts Farm
  - ◆ Monday 4th March Open Afternoon
  - ◆ Wednesday 6th March Pre-Prep Trip to Polka Theatre
  - ◆ Thursday 7th March Book Character Parade & Author Workshop
  - ◆ Friday 8th March U9 Hockey Fixture
  - ◆ Monday 11th March Year 3 Trip Science Museum
  - ◆ Wednesday 13th March Parents Evening
  - ◆ Thursday 14th March Year 2 Trip to Bushy Park
  - ◆ Thursday 14th March Parents Evening
  - ◆ Friday 15th March PTA Easter Disco
  - ◆ Tuesday 19th March Instrumental Musical Evening
  - ◆ Wednesday 20th March Year 2 Assembly
  - ◆ Thursday 21st March Easter Assembly with Rev Ellis
  - ◆ Friday 22nd March End Term
- Pupils back to school**  
**Tuesday 16th April Summer Term**

# Mental Health Week

We started the week with an assembly explaining what mental health and wellbeing is. Talking about our feelings is very important and although it is hard to do, our worries will be lighter with the help from others.

We discussed SMILERS which is explained below.

During lessons we talked about how important it is to not only look after ourselves but to also look out for and care for others.

**SMILERS**  
**7 steps to wellbeing**

- Socialise:** Get together with others
- Move:** Be active
- Interest:** Have a hobby, keep learning, do something creative
- Look:** Take notice of the world around you
- Eat well:** Eat a balanced diet
- Rest:** Relax, sleep well
- Support:** Give help to others





# Yoga Workshop

Thanks to the PTA we were able to all take part in a yoga workshop.

To help us relax and appreciate everyone who can support us, we all decorated a rock which is now placed outside near the flag.









# Lower School – Perform Workshop

We were very pleased to receive a visit from Perform on Thursday 18th January.

The children had a wonderful time exploring the theme of The Wonderful Wild West and using drama, dance and singing to help develop their confidence, concentration and social skills.

We were immersed in the Wild West and learned some line dancing moves before heading off on an adventure to find the horse with the golden mane.



## NSPCC Visit

Year 2 had a very thoughtful talk with Juliette from the NSPCC. We were introduced to Buddy, who reminded us that we have the right to speak out and have our views taken seriously, to be kept safe and to get help when we need it. We then worked through a scenario and used our learning to help a child who was upset, advising them to speak to a trusted adult and gave suggestions as to who this might be. Thank you to the NSPCC who help us to learn how to speak out and stay safe.

Years 5 & 6 learned about different types of abuses and the difference between good and bad secrets. We discussed our feelings and that it is good to talk about all of our feelings with a trusted adult. Keeping safe online and what to do if we saw something which made us feel uneasy was discussed. The children gave examples of what children could do in various scenarios. They made a list of who they could turn to for help or support.





# This half term our value is

During our Values assemblies on Mondays we have looked at the value of **PEACE** this half term. This value also has sub values of **calmness, positivity and patience.**

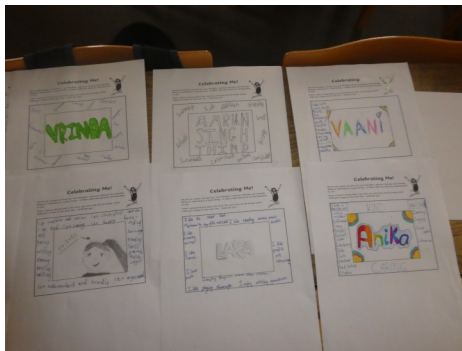
The children listened to stories to help develop their knowledge and completed a few activities back in class to enhance their understanding. These included writing positive sentences about themselves, ways to keep calm e.g. counting, going somewhere quiet, having a drink of water, drawing.

During assembly children shared their ideas and thoughts on the value covered that week.

## PEACE

### Our sub values are

**Positivity**  
**Calmness**  
**Patience**



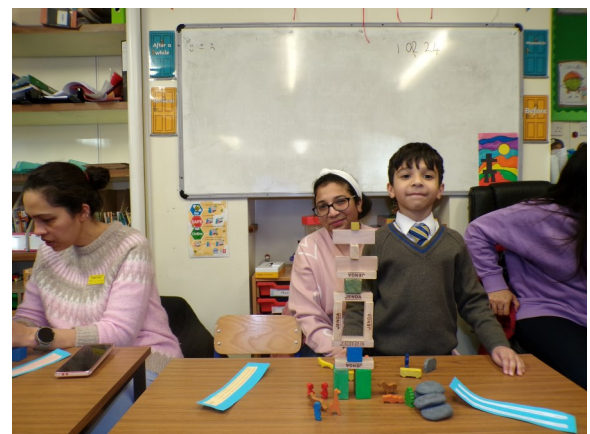
# Year 2 Parent Visit

Year 2 enjoyed having their special visitors in class. Continuing our learning about the Arctic, we created our own Inukshuks.

These are made of stacked stones that are picked because they fit well together.

Each stone supports the one below and the one above it, balancing on each other with no glue or cement to hold them up.

In the shape of a person, an Inukshuk signifies safety, hope and friendship. Just like us, every Inukshuk is unique.





# Stay & Play

Pre-Prep had their Stay & Play for Spring Term today.

Pupils took the lead the morning, telling and showing their parents all about their learning this term.

They had the chance to use the computers of our class, read our big books, play with playdough and straws to create their own models.





# Y5 Parents Visit

On Wednesday 7th February, Y5 held an open-door event for their families, allowing them to experience some of their work.

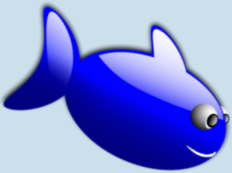
The session was based on our Science topic of Space and Earth. The children shared some amazing facts about Space and the Earth, that they had researched in their Science lessons. Then, they invited their parents to help them construct rockets made from pipe insulating foam.

The children had a great time launching them outside and comparing the launch angle to the range or distance the foam rocket landed from the launch site. This was a good demonstration of Newton's third law of motion and a great opportunity to involve the parents in Y5s' STEAM work!





## Fish of the Week

Year 3	Year 4	Year 5	Year 6
Alysha	Annika	Prabhleen	Vaani
Kaveer	Jai	Kiiye	Tobi
Aiyla	Rayyan	Aylah	Kabir
James	Kareem	Rayan	Lavanya
Abubakr	Mohsin	Viyaan	Eisaa
Veer	Harina		Laddu
Anya	Raushan		Jannah
Paramveer	Umair		
Hayaan	Isha		



Bronze	Silver	Ruby
Omaira	Heyaan	Aaron
Jessica	Harina	Kayden
Sara	Aima	Viyaan
Vaani	James	
Lara	Lavanya	
Jannah	Kiiye	
Harina	Yahya	
Anika	Sara	
	Aiyana	

# Assembly International Day of Women in Science

To celebrate International Day of Women in Science we had an amazing assembly about DNA.

We learned how there are some mutations in DNA and were given an example of how a person may not realise they have it until they are an adult. If they are lucky enough to have access to genetic editing they can get their sight restored and live a normal life being able to see.





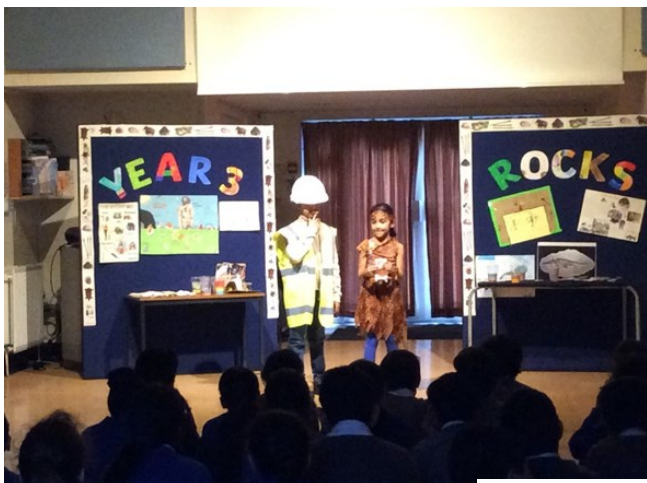
# The Stone Age

In STEAM, Year 3 immersed themselves in all things Stone Age!

We created a little museum in our classroom and looked at relics.

We created salt dough dinosaur fossils.  
We indulged in some rock painting.  
We delivered our wonderful class assembly!

We made sedimentary rock out of coloured sand.



## Year 6 Visitor from Transport for London

Year 6 had a visit from Narjiah who works for Transport for London.

She informed Year 6 about how to get a Zip card for children aged 11-15 years.

They were told what to do if they see other people misbehaving on the transport system and how to use the 'Get Help' buttons at stations.

Year 6 were informed how to travel safely around all modes of transport including bus, train and tube.

After watching videos, they discussed what went wrong and what could have been done instead.

Cycling was also discussed and making sure that a bike has air in its wheels, the brakes work and the chain is in working order.





# Y5 and 6 Trip to Sky Up Academy Studios

With links to the Science and Geography curriculums, Y5 and Y6 visited SkyUp Academy Studios on Wednesday 31st January 2024.

Before the trip, the children investigated the topic of 'Climate Change', its wider impact on our life, our preparedness for global disasters and the positive actions we can take for a greener planet.

During our visit at SkyUp Academy Studios, the children received an exciting, behind the scenes tour of Sky. They also had the opportunity to get hands on with cutting edge filming technology to create their own report in a real TV studio!

Each team was responsible for creating their part of the news report, which included fact finding, scriptwriting, filming and editing their piece ready for broadcast. At the end of the session, their efforts were stitched together to make one final Ashton House School news report!

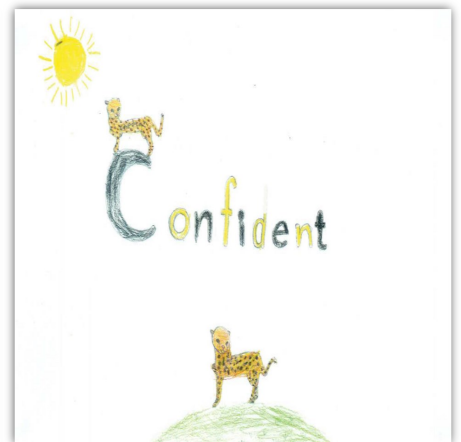
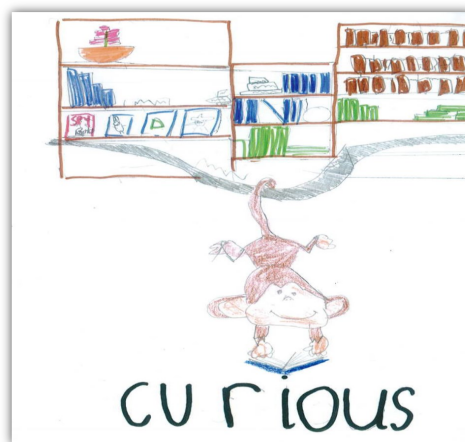
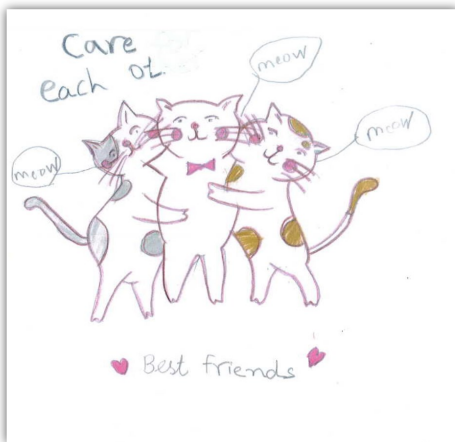
This was a truly inspiring day filled with creativity, communication and collaboration.



# CARING

# CURIOUS

# CONFIDENT



Caring Cat	Curious Chimp	Confident Cheetah
Whole School	Year 1	Year 6
Year 3	Year 4	Year 5
Year 1	Year 2	Year 3
Pre Prep	Year 5 & 6	Year 3
Year 6	Year 4	Pre Prep



# Who I am Makes A Difference

12.1.24	Gurleen Kaveer All of Year 4
19.1.24	Tobi Annika Jai Abubakr
26.1.24	Anika Kabir Laddu Haohao Rayan Y5
2.2.24	Tobi Shaurya Mohsin Zak
9.2.24	Anyu Heyaan Prabhleen Raushan Laddu Isha Jannah

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# FOOTBALL

We played Football against Radnor House School. We won 2 games and came second in other games. We were enthusiastic and rose to the challenge.



## QUOTES FROM SOME OF OUR PLAYERS

Joshua "We played our best and were happy with the final score."

Dylan "We were victorious."

Jannah added "I was glad to be part of the team."

"The opposing team was strong and even though we made great attacks they still stood against us." Haohao





# Tag Rugby

Ashton House played rugby against Clifton Lodge. This was our first rugby match for a while and we were excited to take part.



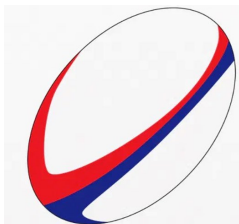
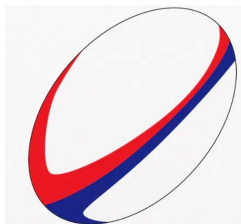
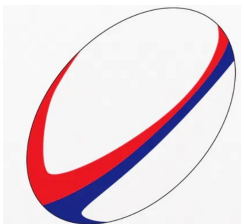
## QUOTES FROM SOME OF OUR PLAYERS

“ I made an incredible save and Viyaan was our player of the match!” Eisaa

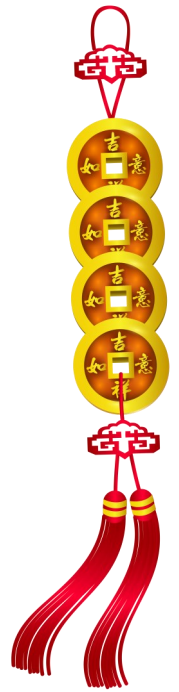
Paramveer “We had a great time! Everybody got a lot of chances to pass, which was very fair. We got plenty of assists too.”

Kaveer added “We made a very good team.”

Veer “We did make a really good team. It was quite a fun game because I've never played against another school before. I wanted to be a substitute first so I could play for most of the game.



# Chinese New Year 2024





## Food Tech After School Club

To mark Chinese New Year, we made vegetable pancakes which were delicious.



## Notice Board

### Gaming

Over the holidays, it is likely that children will have greater exposure to screens and online activities. Please remain vigilant and check parental controls and be aware that even age appropriate games have a chat section which adults should monitor if their children are using it.

## Notice Board

### Parking

We invite our parents and carers to show respect to our local community and be mindful of the residents when parking along Eversley Crescent. We have received complaints from both residents and parents regarding inconsiderate parking which is unfair and pupils' safety is put at risk. We welcome your support in making sure we keep all members of our school community safe.



**PLEASE DO NOT** PARK YOUR VEHICLE IN FRONT OF **ANY** OF THE SCHOOL GATES. THANK YOU.



**Ashton House  
School is a Nut  
Free Zone**